

Visions Unusual
LIFE & LEADERSHIP SKILLS
Weekend Workshops

FEES for the weekend per person

EXTRA EARLY BIRD CHF450.00

Paid in by August 7, 2006

EARLY BIRD CHF490.00

Paid in by August 20, 2006

Full Fee CHF590.00

Paid in advance by September 12, 2006

Unemployed, seniors & students CHF390.00

For partners (the second person) CHF390.00

4 coffee breaks included in fees

Possibly to sleep on site CHF 20.00

(camping style) Per night per person

Kitchen and shower facilities are also available on site.

Hotel accommodation possible nearby reservations required.

Ask Margo for info.

Please fill out registration form and e mail back.

Deadline for reservations September 14, 2006

Contact for reservations and further info:

Margo Kirtikar Ph.D.
Rue de la Madeleine 5
CH - 1800 Vevey

coach@visionsunusual.com
www.visionsunusual.com
Mob. ++ 41 (0) 79 438 5192
Tel. ++ 41 (0) 21 601 1482

**BODY MIND SPIRIT
&
HIGHER AWARENESS**

**HEALING EMOTIONS
&
SPIRIT CONSCIOUSNESS**

**THE SACRED ART
OF
RELATIONSHIP**

**16 & 17 September, 2006
09:00 – 18:00 hrs
in Bern**

at
Core Energetics Institute
Stauffacherstasse 77
3014 Bern
www.core-energetics.ch

**MARGO KIRTIKAR PHD
and guest trainer
JOHN CHRISTIAN, U.K.**



JOHN W CHRISTIAN
The sacred Art of
Relations

John is a professional actor, singer, comedian and recording artist, all of which contribute to his entertaining and lighthearted presentation of his serious inspiration and motivational message. John conducts workshops, lectures and concerts on the meaningful topic of life and how to live it. He is well known worldwide for his charismatic and entertaining style of presentation. He is the Educational Development Director of the FIL in the UK, founded by renowned philosopher and doctor Paul Solomon. He continues his studies with Tamosan, founder of the Buddha's Eye in Japan. And, having trained at the Sivananda Yoga Vedanta School, he is also a qualified yoga teacher. He also conducts meditation treks to Nepal and little Tibet.

John Christian website <www.johnchristianseminars.com>
Paul Solomon website <www.paulsolomon.com>



MARGO KIRTIKAR PHD
Healing Emotions
& Spirit Consciousness

Margo is a spiritual teacher, professional coach and psycho-therapist, speaker, author and artist. She founded Practical Life Philosophy in 1991 and Visions Unusual in 1995. Since 15 years Margo has dedicated herself to helping professionals and private individuals to discover new dimensions, breaking through their self imposed limitations and barriers. She combines western psychology with eastern chinese and vedic healing methods which she has studied in depth and she has authored three books on self development and change, metaphysics and developing mind and intuition and on cosmic laws.

Margo's website <www.visionsunusual.com>

Nourish your body and soul, quiet your mind
and engage your spirit—

Every living being, without exception, on our planet earth is currently experiencing the impact of Spirit leading to Soul Consciousness. Stumbling blocks in our lives, fear, doubt, negative thoughts problems and obstacles rob us of our power and limit our ability to experience growth and freedom to enjoy life and hinder us from being the best that we can be.

This workshop will help you gain understanding and awareness of the emotional blocks and the fears that hide your true essence. You will also learn how to open up to the higher spiritual forces that shape all our lives. With this knowledge you will gain more meaning and purpose for your life. You will learn to reclaim your power and to move with strength and dignity through the negative periods and to open to receive the rewards and abundance that life has to offer. With higher awareness and insight you will be better equipped to make choices in your life.

- Breathing, meditation and concentration techniques
- To enhance your mental powers, the key to success
- To dissolve negative emotions and develop love Energy
- To learn self healing techniques
- To tune in and to connect with the true Source of Energy
- To unlock the force within you, your own Genie
- Effective listening and communication skills
- The Yin & Yang and Tao of Relationships
- Emotional Management

Free your soul through creative dance and free flow movement. Experience the benefit of chanting and singing for stilling and quieting the mind

Through understanding we can remove the barriers of ignorance and fear that are often the cause of conflict in our relationships.

(Documentation will be handed out)